



## Sample Orthopalooza Agenda: Lower Extremity

Workshops are held at Creekside Commons in Lafayette, California. Fifteen-minute breaks will be included in the morning and afternoon sessions of each workshop day.

### Day 1

9:00 - 9:30	Intro/Pretest
9:30 - 10:30	Hip & Knee 1 – Assessment
10:30 - 11:30	<b>Hip &amp; Knee PE Demo/Practice</b>
11:30 - 12:30	LE Imaging
12:30 - 1:00	<b>Lunch Break</b>
1:00 - 3:00	Foot & Ankle Assessment
3:30 - 4:30	<b>Foot &amp; Ankle Demo/Practice</b>
4:30 - 5:00	Wrap Up

### Day 2

9:00 - 10:30	Hip & Knee - Treatment
10:30 - 11:30	<b>LE PE Review/Practice</b>
11:30 - 12:30	Foot & Ankle Treatment
12:30 - 1:00	<b>Lunch Break</b>
1:00 - 2:30	LE Injections/Demos
2:30 - 3:30	LE Injection Practice
3:30 - 4:30	Case Studies/Jeopardy
4:30 - 5:00	Wrap up/Post Test/Evals

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