



## Sample Orthopalooza Agenda: MSK Fundamentals/Skills

Workshops are held at Creekside Commons in Lafayette, California. Fifteen-minute breaks will be included in the morning and afternoon sessions of each workshop day.

### Day 1

9:00 - 9:30	Intro /Pretest
9:30 -11:00	MSK <b>Assessment</b> Fundamentals
11:00 -11:30	GALS /Screening Exam Demos
11:30 -12:30	GALS Practice
12:30 - 1:00	<b>Lunch Break</b>
1:30 - 3:00	MSK <b>Imaging</b> Fundamentals
3:00 - 4:30	MSK <b>Treatment</b> Fundamentals
4:30 -5:00	Review/Wrap Up

### Day 2

9:00 - 10:30	MSK Injection Fundamentals
10:30 - 11:30	<b>UE Injection Demos</b>
11:30 - 12:00	UE Injection Practice
12:00 - 12:30	<b>Lunch Break</b>
12:30 - 2:30	LE Injections/Demos
2:30 - 3:30	LE Injection Practice
3:30 - 4:30	Case Studies/MSK Jeopardy
4:30 - 5:00	Wrap up/Post Test/Evals

Jackson Orthopedic Foundation (JOF) is approved by the California Board of Registered Nursing, Provider Number 17398, to provide continuing education. Additionally, Education Department, Jackson Orthopedic Foundation is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Learn more: [www.jacksonortho.org](http://www.jacksonortho.org).