



Sample Orthopalooza Agenda: MSK Fundamentals/Skills

Workshops are held at Creekside Commons in Lafayette, California. Fifteen-minute breaks will be included in the morning and afternoon sessions of each workshop day.

Day 1

9:00 - 9:30	Intro /Pretest
9:30 -11:00	MSK Assessment Fundamentals
11:00 -11:30	GALS /Screening Exam Demos
11:30 -12:30	GALS Practice
12:30 - 1:00	Lunch Break
1:00 - 3:00	MSK Imaging Fundamentals
3:00 - 4:30	MSK Treatment Fundamentals
4:30 -5:00	Review/Wrap Up

Day 2

9:00 - 10:30	MSK Injection Fundamentals
10:30 - 11:30	UE Injection Demos
11:30 - 12:00	UE Injection Practice
12:00 - 12:30	Lunch Break
12:30 - 2:30	LE Injections/Demos
2:30 - 3:30	LE Injection Practice
3:30 - 4:30	Case Studies/MSK Jeopardy
4:30 - 5:00	Wrap up/Post Test/Evals

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