



Sample Orthopalooza Agenda: Spine & Metabolic Conditions

Workshops are held at Creekside Commons in Lafayette, California. Fifteen-minute breaks will be included in the morning and afternoon sessions of each workshop day.

Day 1

9:00 - 10:00	Intro/Pretest
10:00 - 10:30	GALS MSK Screening Exam
10:30 - 11:00	GALS Exam Practice
11:00 - 12:30	Spine I - Assessment
12:30 - 1:30	Lunch Break
1:30 - 2:30	SPINE PE Demo/Skills Practice
2:30 - 3:30	MSK Imaging Fundamentals
3:30 - 4:15	Trigger Point Injections
4:15 - 5:00	Case Studies (Assessment Focus)

Day 2

9:00 - 10:30	Spine II - Treatment
10:30 - 11:30	Case Studies (Treatment Focus)
11:30 - 12:30	SPINE PE Skills Practice
12:30 - 1:00	Lunch Break
1:00 - 2:30	Metabolic Disorders
2:30 - 3:30	Case Studies (Metabolic Focus)
3:30 - 4:30	MSK Jeopardy
4:30 - 5:00	Wrap up/Post Test/Evals

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